

At Pickles Group, we know that having a parent or caregiver with cancer can be a lonely, isolating experience. That's why our mission is to provide free peer-to-peer support and resources to kids affected by their parent or guardian's cancer. Pickles kids strengthen resilience, have fun with friends who get them, and heal along the way.

How do we do it? Our programs are designed by a leading child and family therapist and Child Life Specialist and facilitated by trained volunteers. Our approach is grounded in behavioral science and research that shows that kids are more likely to thrive through their parent's cancer when we provide them with three things:

- Open, age-appropriate information about cancer
- Coping skills to help kids identify and process their feelings in healthy ways
- Connection with peers who share their lived experience



### **Parents and Caregivers**

Are you navigating a cancer diagnosis while caring for school-aged kids? Do you know someone who is?

We serve kids in 1st through 12th grade. Our virtual programs serve youth across the country, and our in-person programs are currently offered in Chicago. Contact us by phone or online to enroll or refer a family today.

We can't wait to meet you and welcome you into our community of peer support!

"Pickles gave her a place where she wasn't the "kid whose mom has cancer." At Pickles she finally felt that someone understood even though her friends had tried their best." - Pickles Group Parent



# Pickles Group Programs and Resources



Pickles Family Support Kits - A booklet and guide to help you talk about your cancer diagnosis with your kids.



Webinars for Parents - Public webinars supporting parents in talking about cancer with their kids.



5-Week Virtual Youth Programming - Fun art and play based group meetings and peer support for youth age 6-18 online and open to kids nationwide.



Monthly In-Person Youth Meetings - Fun in-person programming and gatherings in the Chicago area for kids ages 6-18.

559-313-6873 | www.picklesgroup.org | contact@picklesgroup.org





# LEARN MORE ABOUT US

Free peer-to-peer support and resources for kids affected by a parent's cancer.





#### **Our Team**

Pickles Group is founded by three families affected by parental cancer, led by youth services and mental health experts, and advised by a team of cancer support, nonprofit, and community leaders.



# **Supporting Research**

Pickles Group approach is grounded in evidence-based research and best practices. Read why honest conversations about cancer and grief, coping skills, and peer support work.





#### In the News

Pickles Group is working hard to make sure that every family navigating a parent or caretaker's cancer diagnosis can access support. Read more:

'It really is a game-changer': New nonprofit named after pickles works to support kids who have parents, caregivers with cancer, Chicago Tribune

What inspired a nonprofit that supports kids affected by parents' cancer diagnoses, UChicago News New Chicago nonprofit helps kids with parents fighting cancer, Fox 32 News Chicago



## Sign Up or Get Involved

Are you navigating a cancer diagnosis while caring for school-aged kids? Enroll your child in our programs today. View our program calendar here:

Pickles Gro

Connect with Pickles Group
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